

## EATING, SLEEPING, CONSOLING (ESC) IRR TOOL

- Assess infant **after feedings**, preferably while **skin-to-skin or held swaddled** by mother/caregiver.
- Review baby's **ESC behaviors since last assessment 3-4 hours ago** using **Newborn Care Diary** with parents.
- If infant with **"Yes"** for any **ESC** item or receiving **"3s"** for **"Soothing Support Used to Console Infant"**, perform **team huddle** with mother/parent & RN to **determine non-pharm interventions that can be optimized** further.
- If infant **continues with "Yes"** for any **ESC** item or **"3s"** for **"Soothing Support"** despite **optimal non-pharm care** and **symptoms felt likely due to NAS**, perform **full team huddle** with mother/parent, RN, and Infant Provider to determine if medication treatment is needed.

DATE/TIME:	RN	"Gold Star" Rater
<b>EATING</b>		
Poor eating due to NAS? Yes / No		
<b>SLEEPING</b>		
Sleep < 1 hr due to NAS? Yes / No		
<b>CONSOLING</b>		
Unable to console within 10 min due to NAS? Yes / No		
<b>Soothing support used to console infant:</b> Soothes with little support: 1 Soothes with some support: 2 Soothes with much support or does not soothe in 10 min: 3		
<b>MANAGEMENT DECISION</b>		
Recommend a Team Huddle? Yes / No		
<b>RELIABILITY PERCENTAGE</b>	%	

**Determining Inter-rater Reliability Percentage:** Calculate the percent agreement between the RN and the Gold Star rater on the 5 items above. For example, if 5 out of the 5 items are in agreement = 100% reliability, and if 4 out of the 5 items are in agreement = 80% reliability.

*Hospitals may also use additional items from the full ESC Care Tool to determine IRR, if desired.*