# Quality Improvement Training Workshop

Overview







### Introductions!

Us You









#### Agenda!

9:30a **Setting the Stage: Developing a Project Aim** 

10:00a Knowing if You Improved: Measures for Improvement

10:30a What to Improve: Identifying Changes and the Key Driver Diagram

11:15a The Glue That Binds: Teamwork and Communication

11:45a **Lunch!** 

12:30p How To Improve: Using the PDSA Cycle

1:30p Data for Improvement: Understanding Variation

2:45p Wrap-up

**Exercises throughout....** 







#### First ...

Why spend a full day on quality improvement?









#### What is Quality Improvement?

Quality improvement is a formal approach to the analysis of performance, and systematic efforts to improve it.

- Unknown





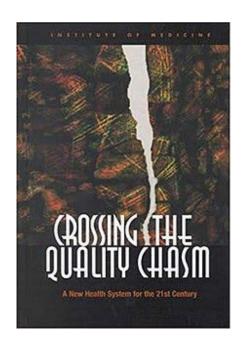


























"...everyone in healthcare really has two jobs when they come to work every day: to do their work and to improve it."

What is "quality improvement" and how can it transform healthcare?

Batalden,P; Davidoff.F Qual Saf Health Care. 2007 February; 16(1): 2–3







Generalisable Particular Measured performance evidence 4 5 improvement







#### OXO

Observe System



Introduce Perturbation



Observe System

**CMO** 

Context



Mechanism

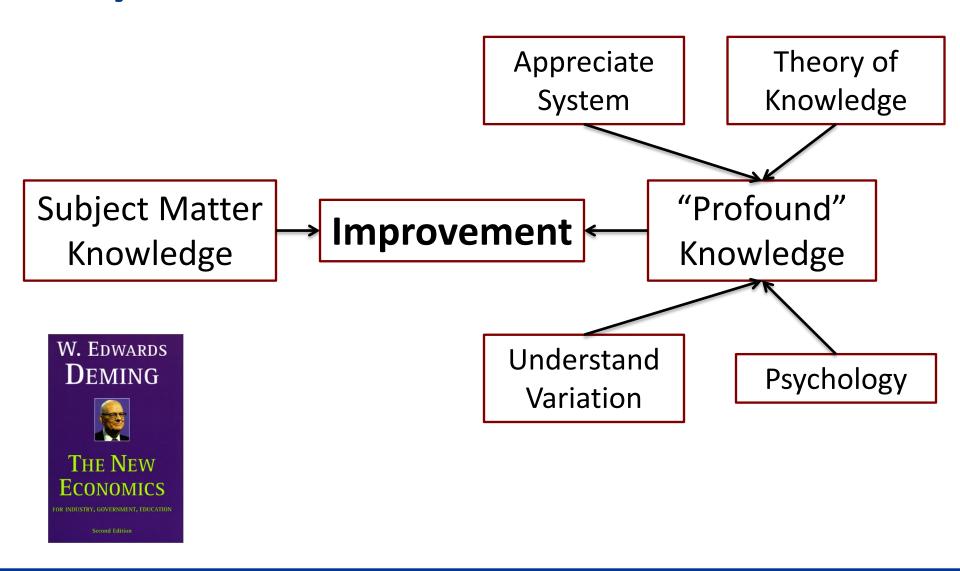


Outcome







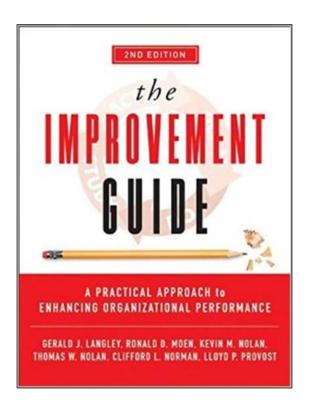








#### **Model for Improvement**



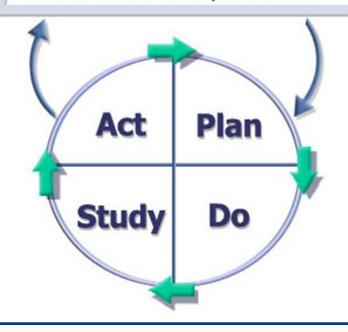




What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?









Journal of Perinatology https://doi.org/10.1038/s41372-018-0109-8

#### QUALITY IMPROVEMENT ARTICLE



#### Quality improvement initiative to improve inpatient outcomes for Neonatal Abstinence Syndrome

Elisha M. Wachman<sup>1</sup> · Matthew Grossman<sup>2</sup> · Davida M. Schiff<sup>1,3</sup> · Barbara L. Philipp<sup>1</sup> · Susan Minear<sup>1</sup> · Elizabeth Hutton<sup>1</sup> · Kelley Saia<sup>4</sup> · FNU Nikita<sup>5</sup> · Ahmad Khattab<sup>6</sup> · Angela Nolin<sup>6</sup> · Crystal Alvarez<sup>5</sup> · Karan Barry<sup>1</sup> · Ginny Combs<sup>1</sup> · Donna Stickney<sup>1</sup> · Jennifer Driscoll<sup>1</sup> · Robin Humphreys<sup>1</sup> · Judith Burke<sup>1</sup> · Camilla Farrell<sup>7</sup> · Hira Shrestha<sup>1</sup> · Bonny L. Whalen<sup>8</sup>

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Individual QI projects from single institutions



#### Improving Access to Lactation Consultation and Early Breast Milk Use in an Outborn NICU

Kristen T. Leeman, MD\*^; Kimberly Barbas, RN, IBCLC†; Julia Strauss\*; Shannon Adams, BA\*; Karen Sussman-Karten, RN, IBCLC†; Alyssa Kelly, RN†; Margaret G. K. Parker, MD, MPH‡#; Anne Hansen. MD, MPH\*^

#### Using quality improvement to increase human milk use for preterm infants



Margaret G. Parker, MD, MPH<sup>a,\*</sup>, and Aloka L. Patel, MD<sup>b</sup>

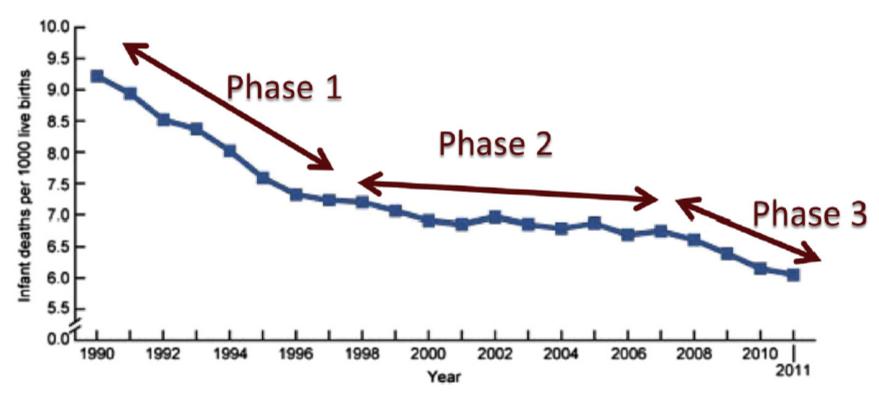
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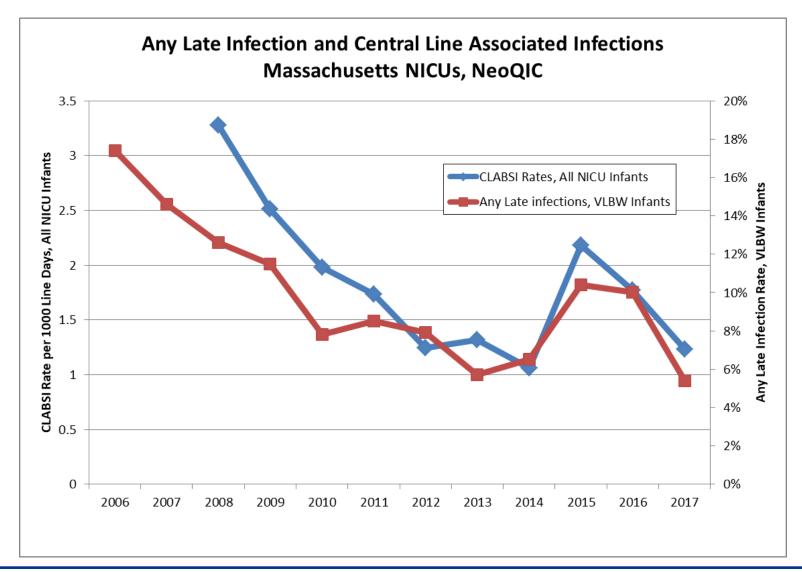


**Fig. 2.** The decline in neonatal mortality from 1990 to 2011 in the United States. (*Data from* National Vital Statistics Mortality Data.)















# Let's assume we all agree QI is important!

So how do we do QI?

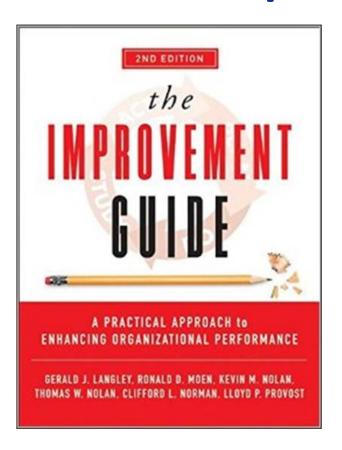








#### **Model for Improvement**



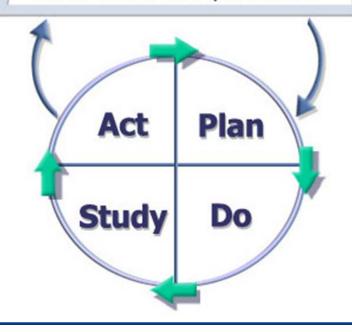




What are we trying to accomplish?

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What change can we make that will result in improvement?









#### How does QI differ from the usual way?

- We easily lose focus and get side-tracked.
- We often jump right to changes.
- We don't measure the impact of changes.
- We make big changes without testing first.
- Leaders often think they know solutions.







# Goal of today:

Get all of us to do improvement better.

