

Written Case Example

- 40 week healthy baby boy born by c-section after a difficult labor and failure to progress.
- Mom is 31 years old, on Prozac for depression. In buprenorphine treatment for 3 years, doing well in recovery. No other medication or substance exposures.
- Her 2 year old was transferred to the NICU on DOL 1 and started on morphine due to concerns for NAS. Mom smoked at that time, but did not smoke this pregnancy.

DOL 1

- Baby with problems staying latched due to spitting up. Does not seem interested in feeding much. Mom doing skin-to-skin.
- Has increased tone and difficulty staying asleep for more than one hour due to tremors when disturbed.
- Last 3 assessments: Taking 10-15 minutes to calm with swaddling and holding. Being passed around between both grandparents (very excited about baby's birth). They talk a little loudly due to hearing problems. Family member holding baby swaddled all of the time.

DOL 2

- Mom keeping baby with her in room all the time, doing as much as she can to keep room calm and quiet.
- Last feed was just 15 minutes ago; baby now breastfeeding well for 15-20 minutes both sides. No longer spitting up.
- Since baby's last assessment, he slept for about 2.5 hours after feeding. When he awoke, he was very fussy but able to calm down after a few minutes of skin-to-skin and feeding.

DOL 3-4

- Baby taking 20 minutes to settle with maximal support and has problems staying latched due to excessive suck, tremors, and increased tone. Mom doing lots of skin-to-skin and trying to feed baby every 2-2.5 hours to avoid him getting too hungry.
- Continuously rooming-in; calm room, no visitors, holding lots.
- Baby gets fussy as soon as he is put down in bassinet, unable to stay asleep, and now can't even settle despite being held.

TIME	D 1	D 2	D 3
EATING			
Poor eating due to NAS? Yes / No			
SLEEPING			
Sleep < 1 hr due to NAS? Yes / No			
CONSOLING			
Unable to console within 10 min due to NAS? Yes / No			
Soothing support used to console infant: Soothes with little support: 1 Soothes with some support: 2 Soothes with much support or does not soothe in 10 min: 3			
PARENTAL / CAREGIVER PRESENCE			
Parental / caregiver presence since last assessment: No parent present: 0 1 - 59 minutes: 1 1 hr – 1 hr 59 min: 2 2 hr – 2 hr 59 min: 3 3 hr+: 4			
MANAGEMENT DECISION			
Recommend a Team Huddle? Yes / No			
Management decision: Optimize non-pharm care: 1 Initiate medication treatment: 2 Other (please describe):			
NON-PHARM INTERVENTIONS			
Rooming-in: Increased / Reinforced			
Parental presence: Increased / Reinforced			
Skin-to-skin contact: Increased / Reinforced			
Holding by caregiver/cuddler: Increased / Reinforced			
Swaddling: Increased / Reinforced			
Optimal feeding: Increased / Reinforced			
Quiet environment: Increased / Reinforced			
Limit visitors: Increased / Reinforced			
Optional Comments:			

