

Baystate Pioneer Women's Health Protocol for Prenatal Screening for Substance Abuse and IPV

Procedure: All prenatal patients will be screened for substance abuse, intimate partner violence and perinatal depression at the first visit, 28 weeks of pregnancy and at postpartum visit. Providers will utilize the following protocol to respond to positive screens. Providers will assess the readiness for change and use motivational interviewing to perform a brief intervention and refer to treatment using our local resource and referral guide.

Screening Question	Provider Response	Pt Education	Resources to offer
Smoked Cigarettes in the past 3 months	<p>State medical concern Assess current use, readiness for change.</p> <p>Consider option of nicotine replacement therapy</p>	<p>Encourage cessation and counsel that decreasing the # of cigarettes is also beneficial</p> <p>Handouts: Mother to Baby Fact Sheet: Cigarette Smoking and Pregnancy</p>	<p>Resources on handout: Handout: "Every Woman Wants a Healthy Baby" Mass Smoker's Helpline: 1-800-784-8669. Make smoking history: www.makesmokinghistory.org www.helppregnantsmokersquit.org</p> <p>Refer to Wellness Center Program at CHD</p>
Parents/Friends/ Partner with Alcohol or Drug use	<p>Review current risk, Assess impact on current pregnancy & support system</p>	<p>Review importance of network of support, addressing stress acknowledging trauma, connecting with resources.</p>	<p>Al Anon handout To Find Local meetings in Northampton, Amherst, Greenfield call: 413-548-5589 http://www.valleyanon.org/</p> <p>Narcotics Anonymous support groups – search on-line for locations: http://www.nerna.org/meetings/search/area; http://www.nar-anon.org/find-a-meeting/#groupspublic/?view_7_page=1</p> <p>Local Resources: LEARN TO COPE – a support group for people with family members that are addicted to opiates, alcohol or other drugs Call 508-738-5148 www.learn2Cope.org</p> <p>Allies in Recovery on-line interactive support for family and friends: www.alliesinrecovery.net</p> <p>Other support groups available locally – RECOVER Project Flyer 774-5489</p>
<p>Pt with past alcohol / drug/ use/ abuse</p> <p>(Currently in Medication Assisted Treatment : Methadone, Buprenorphine)</p>	<p>Acknowledge her success and good decision to keep herself and her baby healthy</p> <p>Ask if she is getting the support that she needs at this time to prevent relapse</p>	<p>Promote regular prenatal care, importance of staying in MAT</p> <p>Handout: "Every Woman Wants a Healthy Baby"</p>	<p>Schedule Pregnancy Plan visit with Linda Jablonski (Handout)</p> <p>Review Franklin County Resource and Referral Guide for local referral options Local Resources: RECOVER Project Flyer 774-5489 (Support groups, Nurturing Families classes available)</p> <p>Offer Recovery Coach through CHD 1-844-243-4357 (Handout)</p>

Screening Question	Provider Response	Pt Education	Resources to offer
Pt with current alcohol use	<p>Acknowledge their honesty</p> <p>Assess duration, frequency, amount of use.</p> <p>State medical concern</p> <p>Obtain release of information for referral</p>	<p>Handouts:</p> <ul style="list-style-type: none"> - Alcohol and Pregnancy <p>“Every Woman Wants a Healthy Baby”</p>	<p>Active Use:</p> <ol style="list-style-type: none"> 1. Same Day Provider Visit and Follow Up plan 2. Contact Crisis services for evaluation and referral to CARES program for Follow Up. If in active withdrawal send to ER for urgent care. 3. Call Franklin Recovery Center (Detox) (413) 773-1423 or (413) 737-2439 <p>If pt refuses urgent referral, Refer Resource and Referral Guide: Institute for Health and Recovery: (866) 705-2807 gives priority access for pregnant women seeking treatment.</p> <p>Offer A Recovery Coach through CHD 1-844-243-4357 (Handout)</p> <p>Schedule Pregnancy Plan visit with Linda Jablonski (Handout)</p>
Patient with current Prescription Opioid Use or mis-use of prescription medications.	<p>Acknowledge their honesty</p> <p>Assess duration, frequency, amount of use.</p> <p>Consider need for narcotic contract</p> <p>Obtain release of information for referral</p>	<p>Handouts:</p> <p>“Prescription Opioids and Pregnancy”</p> <p>“Benzodiazepines and Pregnancy”</p> <p>“Every Woman Wants a Healthy Baby”</p>	<p>Schedule Pregnancy Plan visit with Linda Jablonski (Handout)</p> <p>Offer Recovery Coach services through CHD. 413-733-6096 (Handout)</p> <p>Call Franklin Recovery Center (Detox) (413) 773-1423 or (413) 737-2439</p> <p>Review Franklin County Resource and Referral Guide for local referral options</p> <p>Clean Slate Pregnancy Fast Track # 413-584-2713 X1120</p>
Patient with current use of THC	<p>Acknowledge their honesty</p> <p>Counsel them to discontinue use</p> <p>Review Breastfeeding/ THC handout</p>	<p>Review OTIS Handout:</p> <ul style="list-style-type: none"> - “Marijuana and Pregnancy” 	<p>Offer Recovery Coach services through CHD. 413-733-6096 (Handout)</p>

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<p>IPV Questions</p> <p>**If a woman answers YES, be sure to clarify the confidentiality of any further information she gives you:</p> <p>Mandated reporting includes: Physical abuse to children. Injury with a weapon, forced sex or if patient is suicidal.</p>	<ul style="list-style-type: none"> - Offer emotional support - Validate/ Acknowledge the courage it took to disclose the abuse - Ask if she wants help - Explain that you can connect her with someone who can help - Assess her immediate safety. Ask: Is it safe for you to go home tonight? If No – call hotline for assistance to develop a safety plan - Document patients’ response to screening and resources provided including plan for follow up. 	<p>Review Handout:</p> <ul style="list-style-type: none"> - “Is Your Relationship Affecting Your Health” - NELCWIT brochure 	<p>Offer the patient the use of an office phone to call the DV hotline 413-772-0806. (24 hour hotline support)</p> <p>Walk in support available: Monday-Thursday from 9:00 am – 4:00 pm Fridays 9:00am – 1:30pm.</p> <p>Call NELCWIT Crisis Support: Mobile crisis (available day to day) – Call the hotline # and request a crisis visit. Mon – Thurs 9-4 Friday 9-1:30</p> <p>Drop in Groups also available.</p>

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